

Seabrook Community Centre

15 Truganina Ave Seabrook

Website: www.seabrookcc.com.au Email: seabrook@hobsonsabay.vic.gov.au

Centre Office Ph/Fax: 9395-3010

Centre Coordinator available on Monday, Tuesday & Thursday

TERM 4 2009

PROGRAMS AND EVENTS

Recycle:
batteries,
cartridges, mobile
phones here

SNAPSHOT

- è The rear yard at the centre has had an upgrade, so come and see the new design and plantings
- è Tax help will continue for low income earners. Obtain FREE assistance in completing this year's tax return
- è Register now for Certificate II in Retail Operations course to run soon
- è Roving Library in the foyer provides informal borrowing of books and magazines
- è Register for our next Paediatric First Aid course for parents and carers of young children and babies.

NEED HELP WITH TAX RETURNS?

Tax Help will again be offered this year.

Free assistance to eligible people for lodgment of 08/09 tax returns.

Wednesday by appointment only.

Phone the centre for more information



PAEDIATRIC FIRST AID

Register Now: for our next Saturday morning 2 hour course for parents and carers of babies and young children .

Only \$45.00

Limited places avail-



Join the
Seabrook Pram Walkers

Walk with friends weekly

Exercise and chat at the same time

Meet at the centre 10:30 am Tuesday morning

SEABROOK KINDERGARTEN



Upcoming AGM Wednesday 25th November at 7:30 pm.

Please note that attendance is a requirement of your child's enrolment for 2010. Enrolments: Both 3 & 4 year old programs are taken from the child's SECOND BIRTHDAY. Please contact the Kindergarten Manager, Samantha on 9395-3012 or email: sebrook.kin@kindergarten.vic.gov.au for all enquires. Please note enrolments to the 4 year old program is via the Hobsons Bay City Council 9932-1000. More Information available on the centre website.



Seabrook Playgroup will hold its annual on
Wednesday 4th Nov at 7:30pm.
Re-enrolments from 7:15pm.

The annual Playgroup Victoria Insurance fee of \$25 is payable on the night in order to secure your place for 2010. We offer 8 two-hour sessions per week, Tuesday - Friday. We welcome new families with children from birth to school age to join our Playgroup. Want to know more about Seabrook Playgroup for 2010? Please contact the Coordinator, Kylie on 9395 6985.

NEW HOME ENERGY AUDITS



FREE State Government funded home energy audits can be booked with accredited agents who will service the Seabrook area. Find out where you can save money, energy and the environment by making simple changes in your home.

VENUE HIRE

Seabrook Community Centre is ideal for meetings, classes and private functions*. We offer Community rates to all not-for-profit groups and our commercial rates are highly competitive.

*Please note our Centre does not accommodate birthday functions for teenagers to 24 or any post-midnight events.

We offer:

- One large hall or two separate community rooms
- Full size kitchen
- Crockery and cutlery
- Seating for up to 80 & trestle tables



Neighbourhood Watch welcomes interested community members to join them in making the local area a safe place. For further information please contact Brian on 0411 406 753, or via email: brian.smith3@defence.gov.au



REPORT HOON DRIVING TO
CRIMESTOPPERS ON 1800 333 000



Our brochure is printed on recycled paper

Current Classes & Groups at Seabrook

	Group / Class:	For:	When:	Contact:
Dance & Movement	Brooks School of Dance Ballet class offering a rewarding experience of creative expression and development of fine movement skills. Ballet themed, fun movement class for the little ones. Free trial lesson offered for NEW 3-4yo olds	Four classes 3yrs - Primary school aged	Wednesdays 3:15pm 4.00pm 4.45pm 5.45pm	Ayelet 9395 9114 0417 385 513 Website: www.brooksschoolofdance.com
	Hey Dee Ho Music Designed for pre-school aged children, this rhythm, song and dance program will give your child an early appreciation of music art and stimulate motor skills. Enrolments ongoing	Pre-school aged	Term 3 starts 16th July Thurs 9:30 am- 11.45 am	Sandee 9394 8622 0437 115 933 www.heydeehomusic.com.au
Fitness & Sport	Tennis Coaching by Next Generation Sports Tailored lessons to your individual needs by an accredited and Tennis Aus qualified tennis coach. Children's coaches have WWC check	Youth to Adult	Sat. am Indiv or group	Jed Gould 0411 775 945 Email: ngs_sports@optusnet.com.au
	Yogalates Get in shape for summer with our qualified instructor, bringing you the latest movements combining Yoga and Pilates into one class. Adults: \$10 casual, \$80 (saver 10) Conc: \$7 casual, \$60 (saver 10)	Adults	Wednesdays 7.00-8.00pm (A yoga mat is highly recommended for the class)	Jen Harvey 0412 108 155 www.uls-yoga.com
	Yoshin Kai Jujitsu Gain confidence and get into shape. Yoshin Kai is a carefully structured form of Martial Arts (Jujitsu) that anyone can try, come along and have a go!	Primary aged from 7+ to Adult	Tuesdays & Thursdays 6:30-8:30pm	Stephen 0438 156 647 www.jujitsuweb.com
Wellbeing	Weight Watchers New Members: 6:30-6:45pm, Getting started session: 6:45-7pm Weekly weigh in: 6:30-7pm Meeting discussion time: 7-7:30pm	Adults	Mondays 6.30pm-7.30pm	Website: www.weightwatchers.com.au Phone: 13 19 97
	Non -denominational Christian Church Bible Talks	Adults	Wednesdays 7.30-8.30	Yvonne 0437 587 288
	Shekinah Church Sunday Church service. Website: www.shekinahmelbourne.org	All Welcome	Sundays 9:00am	Harry 0430467288
Youth	Youth Group- Drop In centre Hobsons Bay Youth Services runs an after school drop-in centre at different locations in Hobsons Bay. Come along for some unreal activities and entertainment.	12-17yrs only	4.00-6.00pm Phone for venue and time (during the school term only)	Chris at Hobsons Bay Youth Services 9932-3000

PARENTS and CHILDREN	
MATERNAL AND CHILD HEALTH CENTRE	
Centre consulting hours: Monday, Tuesday and Wednesday	
For information or appointments:	Phone Catherine Hutchison (M&CH Nurse) 9395 3069
SUNSHINE HOSPITAL ANTE - NATAL CLINIC	
Appointments available Monday, Tuesday & Friday. Bookings via the Hospital on 8345-1727 or 8345-1728	
IMMUNISATION PROGRAM	
(no appointment required)	
Held twice a month	
Thursdays between 12-12.30pm	
Term 4 Dates: 3rd & 16th September 1st & 15th October 5th & 19th November 3rd & 17th December	
Australian Breastfeeding Association CLASSES	
ABA Education workshops this term 24th October & 5th December	
WEB: www.breastfeeding.asn.au Phone Yvette on 9791 4644 or email: abavic@chariot.net.au	
Seabrook Netball Club:	Interested in playing Netball? Contact Melinda on 0432 213 306

